

TRI CITIES FEMALE



ICE HOCKEY

TCFIHA 2025 BOARD CANDIDATES

NAMES AND BIOS

1ST VP CANDIDATES:

HEATHER SMITH

BIO: My daughters, husband and myself have been dedicated members of the TCFIHA over the past four years. I have managed a few teams and was recognized with the Manager of the Year award in 2024. This year I managed the U13 C2 team and served on the TCFIHA Board as the U18 Division Coordinator. I was also a member of the BBQ/Photo Night Committee and Tournament Committee.

I would like to continue being on the TCFIHA Board as I think very highly of the Association and its promotion and encouragement of female sports. And I strongly believe that being on a team and feeling part of something in our community is a very special and important experience for all our girls.

3RD VP CANDIDATE:

MARVIN LAU

Existing role for past 2 seasons

TREASURER CANDIDATE:

JAMIL MURJI

BIO: I have 2 daughters in the TCFIHA, and I play hockey myself. We are a hockey family. I have a background in finance and a few years ago transitioned from business owner to board member of a public company. Aside from mandatory quarterly meetings out of town, my schedule is generally flexible, so I have the time and skills to contribute to the TCFIHA. A treasurer position seems to be a good fit given my strong organization and financial skills. I've been an assistant coach to my daughters in the past few years (with the exception of last year when those positions were already taken on both teams). This position would let me continue to participate and be active with my kid's hockey journey.

GOALIE COORDINATOR CANDIDATE:

ZACH GUY

BIO: My name is Zach Guy and I was the goalie coordinator for the 2024/25 season. I have been a head coach, assistant coach and now a board member. I have three daughters who play for TCFIHA. I hope to continue in the role of Goalie Coordinator. The roots of the goalie strength in any association is in the U7-U11 divisions. This is where goalies are identified and can be developed to play goalie into their senior years of U13 to U21.

Last season I grew the goalie program by getting more goalies to sign up in season and I'm happy to have grown the majority of those goalies from the U9/U11 divisions. My hope is to continue to grow the goalie program.

I have an excellent relationship with VEIT Goaltending having worked with Ron Veit almost 25 years ago when he was first starting out his goalie school. I attend almost every goalie development to be on ice and listen to the goalies and what their needs and training requests are.

Last season I researched and sought almost \$10,000 of much needed goalie equipment by sending proposals to vendors and receiving the most competitive costs.

Lastly, I've organized TCFIHA's first spring goalie development. I coordinated the ice time and secured VEIT to provide our on ice development. Thus providing our goalies with continued training opportunities.

In summary, in 2024/2025, I was able to grow the goalie program in the younger divisions, thus securing more goalie in future senior seasons. I obtained new gear for our goalies and attended almost every development session on top of my Head Coaching responsibilities. VEIT Goaltending and I have a strong working relationship and I'm hosting the first TCFIHA spring goalie development.

DIVISION COORDINATOR CANDIDATES:

HEATHER SMITH - SEE BIO ABOVE

KEVIN VOLZ

BIO: I have served as the U15 coordinator in the previous season and I am well organized and I have a passion to help others.

ROB DAIRON

BIO: As a player, HCSP, coach, manager, and Coordinator, Rob has over 40 years of hockey experience. In addition Rob has dedicated his last 20 years to public service and with a daughter in U15 with the Preds, he is committed to the betterment of all players in the organization.

SARAH JOHNSTON AST

BIO: With many years of involvement in the sport, Sarah Johnston Ast brings valuable experience as a parent, volunteer, and advocate for youth development through athletics. She has supported local teams in various roles as the team manager, team treasurer, event organization and most recently as the U9 Division Coordinator. Sarah is committed to fostering a positive, inclusive, and growth-oriented youth hockey community.

HELEN CAREY

BIO: My decision to nominate myself comes after the sad realization I wouldn't have a life without the Tri Cities Hockey Association. This organization really does make me feel like I have purpose .

My love for the Association and its mission is unwavering. Over the years, I have witnessed firsthand the incredible impact it has had on countless individuals. The Association feels more like a family than a job or volunteer opportunity. I cherish the moments when we achieve our goals and continuously strive to do more for our members. It is this sense of community and lifelong friendships that drives my passion and commitment.

I believe that our members can see how much they truly matter to the Association. Who wouldn't want to be part of something that makes such a meaningful difference in people's lives? I am eager to continue contributing to the growth and success of the Tri Cities Hockey Association, and I am confident that my dedication and vision will help us reach new heights.