

# TCFIHA

## Communicable Disease Plan

**TRI CITIES FEMALE**



**ICE HOCKEY**

2021-09-26

As of July 1<sup>st</sup>, 2021, BC is in Phase 3 of BC's Restart Plan. With this move, Safety Plans are no longer required and TCFIHA is transitioning away from a Safety Plan to a Communicable Disease Plan.

The current Communicable Disease Plan can be found on the TCFIHA website and forms part of the TCFIHA Policy: <https://www.tricitiesfemaleicehockey.ca/policies/>

If you have any questions at any ice time, please speak to the Hockey Canada Safety Person (HCSP) in attendance at the TCFIHA event you are attending or contact the TCFIHA Risk Manager by emailing: [Safety@TriCitiesFemaleIceHockey.ca](mailto:Safety@TriCitiesFemaleIceHockey.ca).

TCFIHA ice times/events must follow all governing body guidelines. Links are enclosed for your reference. If there is a conflict between any guidelines, the stricter of the two are to be followed.

TCFIHA ice times/events must also follow the restrictions in place at all facilities. Please ensure that you familiarize yourself with the facility restrictions and guidelines. If you have any questions, please ask the HCSP in attendance at your ice time/event.

Facility restrictions will be sent out to our membership by email with each change that the Board of Directors receives an update on.

## [TCFIHA Communicable Disease Protocols](#)

### [General](#)

- TCFIHA will have two Hockey Canada Safety People per team and a minimum of one at each ice time to ensure all protocols are being adhered to.
- Participants are required to follow proper hand hygiene protocols prior to and during activity.
- Players and Coaches are to each obtain their own player hygiene kit which will include hand sanitizer, a reusable mask, and tissue.
- If there is a Provincial Health Officer or Facility mask mandate at any time, TCFIHA will have the mask mandate apply to all ages save and except those 2 years old and under.
- Participants will not spit on ice or benches.
- TCFIHA membership and their guests, are not permitted to attend a TCFIHA session if they are sick or exhibiting any signs of illness such as a fever, congestion, coughing, sneezing, etc.... DO NOT SHOW UP SICK. This includes referees and outside instructors attending TCFIHA events.
- The Hockey Canada Safety Person (HCSP) will remove from the ice and/or facility anyone in attendance at a TCFIHA event that is exhibiting any signs of illness.
- TCFIHA will provide a copy of the TCFIHA Communicable Disease Plan to its membership.

- The TCFIHA Referee in Chief will be required to ensure all referees have been provided a copy of the TCFIHA Communicable Disease Plan.
- **A player or any team staff that has had any symptoms of illness whether mild or severe, can return to the team and ice sessions once they have provided a doctor's note clearing them to return and/or are 100% symptom free.**
- **ALL TCFIHA Team Staff and volunteers in any role that interacts with the players must provide proof of their COVID-19 vaccination. Volunteers interacting with the players must have the number of COVID-19 vaccination doses as recommended by the Provincial Health Authority. There are no exceptions to this rule.**
- **TCFIHA membership must follow the rules and regulations outlined by each of our facilities.**

## Equipment

- No sharing of water bottles.
- Water bottles are to be cleaned after each use.
- It is recommended to not share gear (both training and player gear) unless it has been thoroughly cleaned and/or 24 to 48 hours has passed since it was last used.
- TCFIHA will provide the HCSP disposable masks, hand sanitizer, and disinfectant spray with all assigned team first aid kits.
- All players and coaches will clean all gear after each use and prior to next session. IE. Players to wash undergarments, wash water bottles, air out equipment, wash jersey and socks and any other gear/equipment that they use. Coaches to wash and/or air out any gear that they use.
- Goalies are permitted to share gear only under specific circumstances: the goalie gear is sprayed with the gear cleaner provided by TCFIHA, set out to dry, and 24 to 48 hours has passed before the gear is given to and used by the next goalie.

## TCFIHA Communication Officer

TCFIHA President Heather D Fox

[President@TriCitiesFemaleIceHockey.ca](mailto:President@TriCitiesFemaleIceHockey.ca)

## Important Links

Via Sport Return to Sport Restart:

[https://www.viasport.ca/sites/default/files/Return to Sport Restart 2.0 07-01.pdf](https://www.viasport.ca/sites/default/files/Return%20to%20Sport%20Restart%202.0%2007-01.pdf)

City of Coquitlam updates: <https://www.coquitlam.ca/291/Updates-on-Coronavirus-COVID-19>

City of Port Coquitlam updates: <https://www.portcoquitlam.ca/city-services/community-safety/emergency-preparedness/pandemics/covid19/>

City of Port Moody: <https://www.portmoody.ca/en/city-services/novel-coronavirus-covid-19.aspx>