

2021

**TCFIHA  
Communicable Disease Plan**

**TRI CITIES FEMALE**



**ICE HOCKEY**

2021-07-06

As of July 1<sup>st</sup>, 2021, BC is in Phase 3 of BC's Restart Plan. With this move, Safety Plans are no longer required and TCFIHA is transitioning away from a Safety Plan to a Communicable Disease Plan.

The current Communicable Disease Plan can be found on the TCFIHA website and forms part of the TCFIHA Policy: <https://www.tricitiesfemaleicehockey.ca/policies/>

If you have any questions at any ice time, please speak to the Hockey Canada Safety Person (HCSP) in attendance at the TCFIHA event you are attending or contact the TCFIHA Risk Manager by emailing: [Safety@TriCitiesFemaleIceHockey.ca](mailto:Safety@TriCitiesFemaleIceHockey.ca).

TCFIHA ice times/events must follow all governing body guidelines. Links are enclosed for your reference. If there is a conflict between any guidelines, the stricter of the two are to be followed.

For the Summer of 2021, TCFIHA is only utilizing ice at the Poirier Sports & Leisure Complex, and therefore, the summaries below reflect the restrictions and guidelines for the Poirier facility. Once the other facilities come online for TCFIHA, the TCFIHA Communicable Disease Plan will be updated.

### Restrictions in Place

- 50% capacity permitted within the arenas.
- Poirier:
  - Arena 1 – 50% capacity is 1,155
  - Arena 2 – 50% capacity is 663
  - Arena 3 – 50% capacity is 425
- The current ice user is responsible for ensuring capacity limits are not surpassed. Therefore, if the users for an ice time following a TCFIHA ice time enter the facility and cause the 50% capacity to be exceeded, then the TCFIHA HCSP must ask the following ice users to exit until the 50% capacity will no longer be exceeded.

### Easing of Restrictions

- Poirier is now fully open to the public and therefore arrival time is eliminated. It is recommended to attend no more than 30 minutes prior to your ice session.
- Entrance and exit at Poirier is back to normal. There is no need to use the fire doors at each arena.
- Dressing rooms are again available with no capacity limits. Dressing room assignments will be on the Digi TV's in the Poirier lobby.
- The Poirier walking track is open again but is not permitted to be used for dryland.
- Water fill stations are available at Poirier.

- Physical distancing is no longer required.
- Masks are recommended for those 12 years old and older, who have not received both immunization shots.
- Masks are not recommended on the Field of Play.
- Spectators are permitted again to 50% capacity of arena including those on the field of play.
- Self assessment screening is no longer required.
- TCFIHA is no longer required to obtain the names and contact details for all parties attending events.
- Travel for sport is now permitted across Canada.
- International travel must still follow federal restrictions and guidance.

## TCFIHA Communicable Disease Protocols

### General

- TCFIHA will have two Hockey Canada Safety People per team and a minimum of one at each ice time to ensure all protocols are being adhered to.
- Participants are required to follow proper hand hygiene protocols prior to and during activity.
- Players and Coaches are to each obtain their own player hygiene kit which will include hand sanitizer, a reusable mask, and tissue.
- Participants will not spit on ice or benches.
- TCFIHA membership and their guests, are not permitted to attend a TCFIHA session if they are sick or exhibiting any signs of illness such as a fever, congestion, coughing, sneezing, etc.... **DO NOT SHOW UP SICK.** This includes referees and outside instructors attending TCFIHA events.
- The Hockey Canada Safety Person (HCSP) will remove from the ice and/or facility anyone in attendance at a TCFIHA event that is exhibiting any signs of illness.
- TCFIHA will provide a copy of the TCFIHA Communicable Disease Plan to its membership.
- The TCFIHA Referee in Chief will be required to ensure all referees have been provided a copy of the TCFIHA Communicable Disease Plan.
- **A player or any team staff that has been had any symptoms of illness whether mild or severe, can return to the team and ice sessions once they have provided a doctor's note clearing them to return and/or are 100% symptom free.**

## Equipment

- No sharing of water bottles.
- Water bottles are to be cleaned after each use.
- It is recommended to not share gear (both training and player gear) unless it has been thoroughly cleaned and/or 24 to 48 hours has passed since it was last used.
- TCFIHA will provide the HCSP disposable masks, hand sanitizer, and disinfectant spray with all assigned team first aid kits.
- All players and coaches will clean all gear after each use and prior to next session. IE. Players to wash undergarments, wash water bottles, air out equipment, wash jersey and socks and any other gear/equipment that they use. Coaches to wash and/or air out any gear that they use.
- Goalies are permitted to share gear only under specific circumstances: the goalie gear is sprayed with the gear cleaner provided by TCFIHA, set out to dry, and 24 to 48 hours has passed before the gear is given to and used by the next goalie.

## TCFIHA Communication Officer

TCFIHA President Heather D Fox

[President@TriCitiesFemaleIceHockey.ca](mailto:President@TriCitiesFemaleIceHockey.ca)

## Important Links

Via Sport Return to Sport Restart:

[https://www.viasport.ca/sites/default/files/Return to Sport Restart 2.0 07-01.pdf](https://www.viasport.ca/sites/default/files/Return%20to%20Sport%20Restart%202.0%2007-01.pdf)

City of Coquitlam updates: <https://www.coquitlam.ca/291/Updates-on-Coronavirus-COVID-19>

City of Port Coquitlam updates: <https://www.portcoquitlam.ca/city-services/community-safety/emergency-preparedness/pandemics/covid19/>

City of Port Moody: <https://www.portmoody.ca/en/city-services/novel-coronavirus-covid-19.aspx>

## STEP 1

Effective May 25

### Outdoor sport

- Travel limited
- Training and competition allowed
- Maximum group size in effect
- No spectators

### Indoor sport

- Must maintain physical distance on and off the field of play
- Travel limited

### High-performance sport

- CSI-P exemption in effect

## STEP 2

Effective June 15

### Outdoor sport

- Recreational travel, including for sport, allowed within B.C.
- Maximum group size is 50 for adults (i.e. 22 and over). That 50-person count includes participants, coaches, managers, trainers, and other persons involved in an official capacity
- No maximum group size for children and youth (i.e. those under 22)
- Physical distance not required on field of play (i.e. contact is allowed). Off field of play, physical distance of 2 m must be maintained.
- Up to 50 spectators
- Masks not required

### Indoor sport

- Recreational travel, including for sport, allowed within B.C.
- Maximum group size is 50 for children/youth and adults. That 50-person count includes participants, coaches, managers, trainers, and other persons involved in an official capacity
- Physical distance not required on field of play (i.e. contact is allowed). Off field of play, physical distance of 2 m must be maintained
- Field of play: no masks required
- Off the field of play: masks required
- No spectators

### High-performance sport

- CSI-P identified athletes do not have a maximum group size for outdoor sport activities but must adhere to all other Step 2 rules.

## STEP 3

Effective July 1

### Outdoor sport

- Group Size: There is no maximum group size for participants, coaches, volunteers, staff and officials
- Travel: Canada-wide travel allowed. International travel must follow federal restrictions and guidance.
- Physical distance does not need to be maintained on or off the field of play.
- Masks: not required on or off the field of play.
- Seated events: Up to 5,000 or 50% of capacity, whichever is greater (i.e. if your space holds 8,000 people the capacity is now 5,000. If your space holds 12,000 people the capacity is now 6,000)

### Indoor sport

- Group Size: There is no maximum group size for participants, coaches, volunteers, staff and officials
- Travel: Canada-wide travel allowed. International travel must still follow federal restrictions and guidance.
- Physical distance does not need to be maintained on or off the field of play.
- Masks: not recommended on the field of play. Masks are recommended off the field of play for those 12 and over who have not received both immunization shots.
- Seated events: Up to 50 or 50% of capacity, whichever is greater (i.e. if your space holds 75 people the capacity is now 50. If your space holds 500 people the capacity is now 250).

### High-performance sport

- CSI-P identified athletes adhere to all Step 3 guidance.

### OVERALL GUIDANCE

#### Communicable Disease Response Plan

Sport Organizations are no longer required to have a COVID-19 Safety Plan; however, sport organizations should consider developing a communicable disease response plan as per [WorkSafeBC guidance](#) to reduce the risk of communicable disease.

#### Liability

The Province of B.C. extended COVID-19 liability coverage for organizations until December 31, 2021 through the [COVID-19 Related Measures Act \(CRMA\)](#). This protects people and organizations from damages resulting from transmission or exposure to the virus that causes COVID-19.

## STEP 4

Sept 7 (Earliest)

Return to normal sport competitions for both indoor and outdoor sport, subject to favourable epidemiology

## RELEVANT LINKS

---

- [viaSport Frequently Asked Questions](#)
- [B.C's Restart Plan](#)
- [Travel Guidance for B.C.](#)
- [Communicable Disease Response Guidance](#)
- [Mask Guidance](#)
- [COVID-19 \(Limits on Actions and Proceedings\) Regulation](#)
- [Government of BC COVID-19 Restrictions Information](#)

## DISCLAIMER

### VIASPORT BC RETURN TO SPORT GUIDANCE

---

viaSport's role in the Return to Sport process is to communicate timely updates and information to help the sport community plan its return. This information from viaSport is not intended for legal purposes and all sport organizations and participants are reminded to follow all current health orders and recommendations set out by the Office of the Provincial Health Officer. For the full disclaimer, please [click here](#).